

### Overview of Wellness West

The West Side of Chicago suffers disproportionately from higher rates of chronic disease, acute ailments and mental illness. Wellness West was created to address this health inequity.

Wellness West is the coming together of proven, well-respected health care and social service providers on the West Side. Our purpose is to create an unprecedented collaboration for the uninterrupted continuity of care among hospitals, outpatient care, the social service network and community residents.

### Our Model of Care

Our care delivery model is comprehensive, and we focus squarely on health equity. A shamefully persistent injustice in Chicago is that race and ethnicity are statistical predictors of virtually every health and well-being metric. This is why at the model's core are four key elements:



#### Collaboration and Coordination

Wellness West is creating a transformational continuity of care between hospitals, community health centers, community mental health centers, social services, and other critical points of care.



#### Community Health Workers

Wellness West provider partners provide patients with a dedicated Community Health Worker (CHW). This CHW acts as a personal guide and advocate through the complex maze of resources that are available, but often difficult to navigate and access.



#### Addressing Social Needs of Health

Wellness West is focused on providing whole person health, which includes all the social determinants of health that contribute to a person's ability to achieve wellness.



#### Chronic Disease Management and Behavioral Health

Wellness West, using a collaborative care approach, supports patients in successfully managing chronic illnesses. Behavioral health teams provide concierge services for those seeking treatment.

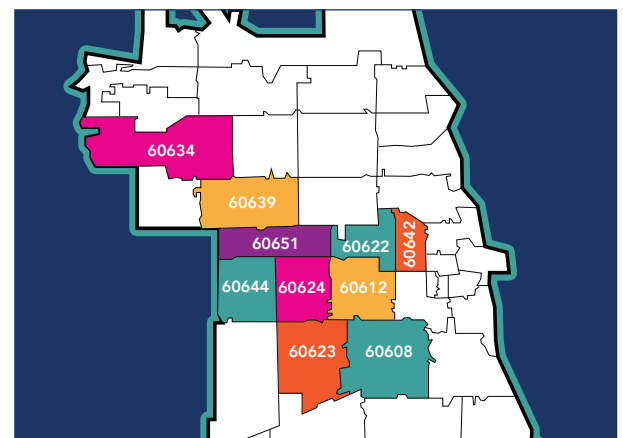
### Who We Serve

We are focused exclusively on the West Side of Chicago, specifically in 10 zip codes, that comprise a total population of 571,902.

We work with those on Medicaid or who have no health insurance.

We are focused on the following medical or behavioral conditions:

- Severe mental illness and those struggling with addiction or a substance use disorder
- Mild to moderate depression
- Hypertension (or at risk for hypertension)
- Diabetes (or at risk for diabetes)
- Adverse childhood experience



# Progress To Date



# A Look Forward

## Expand

workforce up to 200 residents who live and work on Chicago's West Side

## Enhance

workforce and professional development to recruit and retain top talent and advance career pathways for Community Health Workers

## Reduce

social barriers by providing micro and macro social impact investments

## Increase

access to preventative and specialty care services

## Improve

overall health rating and reduce health disparities

## Enhance

equity-focused opportunities in the community

## Board Members

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Children's Hospital of Chicago

**Rashad K. Saafir, PhD**  
Bobby E. Wright Comprehensive  
Behavioral Health Center, Inc.

**Karen Janousek**  
Sinai Chicago

## Our Partners

### Community Health Centers

Access Community Health Network  
AHS Family Health Center  
Alivio Medical Center  
Aunt Martha's Health & Wellness  
Chicago Family Health Center  
Erie Family Health Center  
Esperanza Health Centers  
Friend Health  
Tapestry 360 Health  
Lawndale Christian Health Center  
PrimeCare Health

### Hospital Systems

Ann & Robert H. Lurie  
Children's Hospital  
Cook County Health  
Humboldt Park Health  
The Loretto Hospital  
Rush University Medical Center  
Sinai Chicago  
Ascension Saints Mary and Elizabeth Medical Center

### Community Mental Health Centers

Bobby E. Wright Comprehensive Behavioral Health Center  
Habilitative Systems, Inc.  
Rincon Family Services  
Healthcare Alternative Systems (H.A.S.)

### Community-based Organizations

Bethel New Life Breakthrough  
El Valor  
Equal Hope  
Fathers Who Care  
Gads Hill Center  
Healthy Hood  
North Lawndale Employment Network  
Puerto Rican Cultural Center  
Spanish Coalition for Housing  
Thresholds  
United for Better Living  
Westside Health Authority  
Erie House  
Taller de Jose  
Universidad Popular

### Other Partners

Medical Home Network  
Benford Brown & Associates  
West Side United

## Part of the Illinois Healthcare Transformation Collaboratives



**HTC**  
Healthcare Transformation Collaboratives



**HFS**  
Illinois Department of Healthcare and Family Services

[wellnesswest.org](http://wellnesswest.org)

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